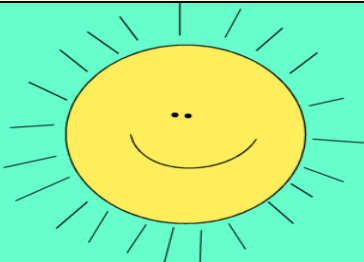











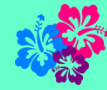




















Hale Ho Aloha Activity Calendar 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Manicure Time/Rm. Visit 3:00 Afternoon Stretch 	2 9:00 Morning HHA Exercise 9:30 News Report 10 :00 Travel Tuesday  1 :30 Mini Games 3 :30 Dancercise	3 9:00 Morning HHA Exercise 9:30 Sing a long 10:00 BINGO 1:30 Room Visits Mini-Games 3:00 Afternoon Stretch 	4 9:00 Morning HHA Exercise 9:30 Morning social 10:00 Vegas Day 1:30 Movie Time! 3:30 Dancercise 	5 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Room Visits/Mini Games 1:30 Resident's council 3:00 Afternoon Stretch	6 9:00 Morning HHA 9:30 Trivia 10:00 Karaoke 1:30 Mini Games  3:30 Dancercise 	
7 9:00 Morning HHA Exercise  9:30 Sing-a-long 10:30 Virtual Buddhist Service 1:30 Mini Games/Room Visit 3:30 Dancercise 	8 National SPAM Musubi Day! 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Manicure Time/Rm. Visit 3:00 Afternoon Stretch	9 9:00 Morning HHA Exercise 9:30 News Report 10 :00 Arts & Crafts  1 :30 Mini Games 3 :30 Dancercise	10 9:00 Morning HHA Exercise 9:30 Sing-a-long 10:00 BINGO! 1:30 Room Visits Mini Games 3:00 Afternoon Stretch	11 9:00 Morning HHA Exercise  9:30 Morning social 10:00 Food Demo 1 :30 Movie Time! 3 :30 Dancercise 	12 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Room Visits/Mini Games 3:00 Afternoon Stretch	13 9:00 Morning HHA Exercise 9:30 Trivia 10:00 Karaoke 1:30 Mini Games  3:30 Dancercise	
14 9:00 Morning HHA Exercise 9:30 Sing-a-long 10:30 Virtual Catholic Service 1:30 Mini Games/Room Visit 3:30 Dancercise	15 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Manicure Time/Rm. Visit 3:00 Afternoon Stretch	16 9:00 Morning HHA Exercise 9:30 News Report 10 :00 Travel Tuesday  1 :30 Mini Games 3 :30 Dancercise 	17 9:00 Morning HHA Exercise 9:30 Sing-a-long  10:00 BINGO! 1:30 Room Visits Mini-Games 3:00 Afternoon Stretch	18 BIRTHDAY PARTY!!! 9:00 Morning HHA Exercise 9:30 Morning Social 10:00 BIRTHDAY PARTY  1:30 Movie Time! 3:30 Dancercise	19 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Room Visits/Mini Games 3:00 Afternoon Stretch	20 9:00 Morning HHA Exercise 9:30 Trivia 10:00 Karaoke  1:30 Mini Games 3:30 Dancercise	
21 9:00 Morning HHA Exercise 9:30 Sing-a-long 10:30 It's Story Time 1:30 Mini Games/Room Visits 3:30 Dancercise	22 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Manicure Time/Rm. Visit 3:00 Afternoon Stretch	23 9:00 Morning HHA Exercise 9:30 News Report 10:00 Arts & Crafts 1:30 Mini Games  3:30 Dancercise	24 National Waffle Day  9:00 Morning HHA Exercise 9:30 Sing-a-long 10:00 BINGO! 1:30 Room Visits Mini Games 3:00 Afternoon Stretch	25 9:00 Morning HHA Exercise 9:30 Morning Social 10:00 National Geographic Day 1 :30 Movie Time! 3:30 Dancercise 	26 Special Menu of the Month 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Room Visits/Mini Games 3:00 Afternoon Stretch	27 9:00 Morning HHA Exercise 9:30 Trivia 10:00 Karaoke  1:30 Mini Games 3:30 Dancercise 	
28 9:00 Morning HHA Exercise 9:30 Sing-a-long  10:30 It's Story Time 1:30 Mini Games/ Room Visit 3:30 Dancercise 	29 9:00 Morning HHA Exercise 9:30 News report 10:00 BINGO! 1:30 Manicure Time/Rm. Visit 3:00 Afternoon Stretch	30 9:00 Morning Exercise 9:30 News Report 10:00 Travel Tuesday  1 :30 Mini Games 3 :30 Dancercise 	31 9:00 Morning HHA Exercise 9:30 Sing-a-long  10:00 BINGO! 1:30 Room Visits Mini-Games 3:00 Afternoon Stretch	 AUGUST			