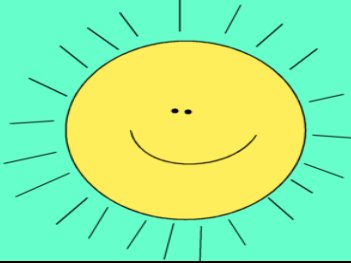



























Hale Ho Aloha Activity Calendar 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 BINGO! 1:30 Manicure Time/Rm. Visit 3:00 Afternoon Stretch	1 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 BINGO! 1:30 Manicure Time/Rm. Visit 3:00 Afternoon Stretch 	2 9:00 Morning HHA Exercise 9:30 News Report Morning Social 10 :00 Travel Tuesday 1 :30 Mini Games 3 :30 Dancercise 	3 9:00 Morning HHA Exercise 9:15 Morning Social/News Report 10:00 BINGO 1:30 Room Visits Mini-Games 3:00 Afternoon Stretch 	4 9:00 Morning HHA Exercise 9:15 Morning Social/News Report 10:00 Vegas Day 1:30 Movie Time! 3:30 Dancercise 	5 9:00 Morning HHA Exercise 9:30 News Report Morning Social 10:00 BINGO! 1:30 Room Visits/Mini Games 3:00 Afternoon Stretch	6 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Mini Games 3:30 Dancercise 
7 9:00 Morning HHA Exercise 9:15 News Report 9:30 Sing-a-long 10:00 Virtual Buddhist Service 1:30 Mini Games/Room Visit 3:30 Dancercise 	8 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 BINGO! 1:30 Manicure Time/Rm. Visit 3:00 Afternoon Stretch 	9 9:00 Morning HHA Exercise 9:30 News Report Morning Social 10 :00 Arts & Crafts 1 :30 Mini Games 3 :30 Dancercise 	10 9:00 Morning HHA Exercise 9:15 Sing-a-long 10:00 BINGO! 1:30 Room Visits Mini Games 3:00 Afternoon Stretch	11 9:00 Morning HHA Exercise 9:30 News Report 10:00 National Geographic Day 1 :30 Movie Time! 3 :30 Dancercise  	12 9:00 Morning HHA Exercise 9:30 News Report Morning Social 10:00 BINGO! 1:30 Room Visits/Mini Games 3:00 Afternoon Stretch	13 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Mini Games 3:30 Dancercise 
14 9:00 Morning HHA Exercise 9:15 News Report 9:30 Sing-a-long 10:00 Virtual Catholic Service 1:30 Mini Games/Room Visit 3:30 Dancercise 	15 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 BINGO! 1:30 Manicure Time/Rm. Visit 3:00 Afternoon Stretch	16 9:00 Morning HHA Exercise 9:30 News Report Morning Social 10 :00 Travel Tuesday 1 :30 Mini Games 3 :30 Dancercise 	17 9:00 Morning HHA Exercise 9:15 Sing-a-long 10:00 BINGO! 1:30 Room Visits Mini-Games 3:00 Afternoon Stretch 	18 BIRTHDAY PARTY!!! 9:00 Morning HHA Exercise 9:30 Morning Social News Report 10:00 BIRTHDAY PARTY 1:30 Movie Time! 3:30 Dancercise 	19 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 BINGO! 1:30 Room Visits/Mini Games 3:00 Afternoon Stretch	20 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Mini Games 3:30 Dancercise 
21 9:00 Morning HHA Exercise 9:15 News Report 9:30 Sing-a-long 10:30 It's Story Time 1:30 Mini Games/Room Visits 3:30 Dancercise 	22 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 BINGO! 1:30 Manicure Time/Rm. Visit 3:00 Afternoon Stretch	23 9:00 Morning HHA Exercise 9:30 News Report Morning Social 10:00 Arts & Crafts 1:30 Mini Games 3:30 Dancercise 	24 National Waffle Day  9:00 Morning HHA Exercise 9:15 Sing-a-long 10:00 BINGO! 1:30 Room Visits Mini Games 3:00 Afternoon Stretch	25 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 Food Demo 1 :30 Movie Time! 3:30 Dancercise 	26 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 BINGO! 1:30 Room Visits/Mini Games 3:00 Afternoon Stretch	27 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Mini Games 3:30 Dancercise 
28 9:00 Morning HHA Exercise 9:15 News Report 9:30 Sing-a-long 10:30 It's Story Time 1:30 Mini Games/ Room Visit 3:30 Dancercise 	29 9:00 Morning HHA Exercise 9:15 Morning Social 9:20 Bowling 10:00 BINGO! 1:30 Manicure Time/Rm. Visit 3:00 Afternoon Stretch	30 Special Menu of the Month 9:00 Morning Exercise 9:30 News Report Morning Social 10:00 Travel Tuesday 1 :30 Mini Games 3 :30 Dancercise 	31 9:00 Morning HHA Exercise 9:15 Sing-a-long 10:00 BINGO! 1:30 Room Visits Mini-Games 3:00 Afternoon Stretch 