

# JULY 2021 Hale Ho Aloha Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 National Geographic 1:30 Music Therapy Arts Crafts 3 :30 Dancercise	<b>2</b> 9:00 Morning HHA Exercise 9:30 Report News Report 10:00 BINGO! 1:30 Manicure Time Rm. Visits 3:00 Afternoon Stretch	<b>3</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Mini Games 3:30 Dancercise
<b>4 INDEPENDENCE DAY!</b> 9:00 Morning HHA Exercise 9:15 News Report 9:30 Sing-a-long 10:30 <b>Virtual Buddhist Service</b> 1:30 Mini Games/Room Visit 3:30 Dancercise	<b>5</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Manicure Time Rm. Visit 3:00 Afternoon Stretch	<b>6</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 Gardening 1:30 Movie Time! 3:30 Dancercise	<b>7 National Strawberry Sundae Day</b> 9:00 Morning HHA Exercise 9:15 Sing-a-long 10:00 BINGO! 1:30 Room Visits Mini-Games 3:00 Afternoon Stretch	<b>8</b> 9:00 Morning HHA Exercise 9:30 Morning Social 10:00 Vegas Day 1 :30 Music Therapy Arts Crafts 3 :30 Dancercise	<b>9</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO 1:30 Room Visits Mini Games 3:00 Afternoon Stretch	<b>10</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Mini Games 3:30 Dancercise
<b>11</b> 9:00 Morning HHA Exercise 9:15 News Report 9:30 Sing-a-long 10:30 Virtual Catholic Service 1:30 Mini Games/Room Visit 3:30 Dancercise	<b>12</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Manicure Time Rm. Visit 3:00 Afternoon Stretch	<b>13 National French Fry Day!</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 Travel Tuesday 1:30 Movie Time! 3:30 Dancercise	<b>14</b> 9:00 Morning HHA Exercise 9:15 Sing-a-long 10:00 BINGO! 1:30 Room Visits Mini-Games 3:00 Afternoon Stretch	<b>15</b> 9:00 Morning HHA Exercise 9:15 Morning Social 10:00 Gardening 1:30 Music Therapy Arts Crafts 3:30 Dancercise	<b>16</b> 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 BINGO! 1:30 Room Visits Mini Games 3:00 Afternoon Stretch	<b>17</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Mini Games 3:30 Dancercise
<b>18</b> 9:00 Morning HHA Exercise 9:15 News Report 9:30 Sing-a-long 10:30 It's Story Time 1:30 Mini Games/Room Visit 3:30 Dancercise	<b>19</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Manicure Time Rm. Visit 3:00 Afternoon Stretch	<b>20</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 Visit to the Garden 1:30 Movie Time! 3:30 Dancercise	<b>21</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Room Visits Mini-Games 3:00 Afternoon Stretch	<b>22 BIRTHDAY PARTY</b> 9:00 Morning HHA Exercise 9:15 Morning Social 10:00 BIRTHDAY PARTY 1:30 Music Therapy Arts Crafts 3:30 Dancercise	<b>23</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO 1:30 Room Visits/Mini Games 3:00 Afternoon Stretch	<b>24</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Mini Games 3:30 Dancercise
<b>25</b> 9:00 Morning HHA Exercise 9:15 News Report 9:30 Sing-a-long 10:30 It's Story Time 1:30 Mini Games/ Room Visit 3:30 Dancercise	<b>26</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Manicure Time Rm. Visit 3:00 Afternoon Stretch	<b>27 SPECIAL MENU OF THE MONTH</b> 9:00 Morning Exercise 9:30 News Report 10:00 Travel Tuesday 1:30 Movie Time! 3:30 Dancercise	<b>28</b> 9:00 Morning HHA Exercise 9:15 Sing-a-long 10:00 BINGO! 1:30 Room Visits Mini-Games 3:00 Afternoon Stretch	<b>29</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 Food Demo 1:30 Music Therapy Arts Crafts 3:30 Dancercise	<b>30 National Cheesecake Day!</b> 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 BINGO! 1:30 Room Visits/Mini Games 3:00 Afternoon Stretch	<b>31</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Mini Games 3:30 Dancercise.