

# Hale Ho Aloha Activity Calendar 2022

| Sunday                                                                                                                                                                                                                                                    | Monday                                                                                                                        | Tuesday                                                                                                                              | Wednesday                                                                                                                                                                                                            | Thursday                                                                                                                                                                                                                               | Friday                                                                                                                                                                                                                                                         | Saturday                                                                                                                                                                                                                    |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                           |                                             | 1<br>9:00 Morning HHA Exercise<br>9:30 News Report<br>10:00 Travel Tuesday<br>1:30 Mini Games<br>3:30 Dancercise                     | 2<br>9:00 Morning HHA Exercise<br>9:30 Sing-a-long<br>10:00 BINGO!<br>1:30 Room Visits<br>Mini-Games<br>3:00 Afternoon Stretch                                                                                       | 3<br>9:00 Morning HHA Exercise<br>9:30 Toss Ball<br>10:00 Gardening<br>1:30 Movie Time<br>3:30 Dancercise                                                                                                                              | 4 <b>National Candy Day!</b><br>9:00 Morning HHA Exercise<br>9:30 <b>Resident Council Meeting</b><br>10:00 BINGO!<br>1:30 Room Visits/Mini Games<br>3:00 Afternoon Stretch  | 5<br>9:00 Morning HHA Exercise<br>9:15 Morning Social/News Rprt<br>9:30 Trivia<br>10:00 Karaoke<br>1:30 Mini Games<br>3:30 Dancercise    |
| 6<br>9:00 Morning HHA Exercise<br>9:30 News Report<br>10 Sing-a-long<br>10:00 <b>Live Stream Buddhist Service</b><br>1:30 Mini Games/Room Visit<br>3:30 Dancercise       | 7<br>9:00 Morning HHA Exercise<br>9:30 News Report<br>10:00 BINGO!<br>1:30 Manicure Time/Rm. Visit<br>3:00 Afternoon Stretch  | 8 <b>Election Day</b><br>9:00 Morning HHA Exercise<br>9:15 News Report<br>10:00 Hanafuda<br>1:30 Mini Games<br>3:30 Dancercise       | 9<br>9:00 Morning HHA Exercise<br>9:30 Sing-a-long<br>10:00 BINGO!<br>1:30 Room Visits<br>Mini-Games<br>3:00 Afternoon Stretch                                                                                       | 10<br>9:00 Morning HHA Exercise<br>9:15 Morning Social<br>9:30 News Report<br>10:00 <b>National Geographic</b><br>1:30 Movie Time<br>3:30 Dancercise                                                                                   | 11 <b>VETERANS DAY</b><br>9:00 Morning HHA Exercise<br>9:15 Morning Social<br>9:30 News Report<br>10:00 BINGO!<br>1:30 Room Visits/Mini Games<br>3:00 Afternoon Stretch                                                                                        | 12<br>9:00 Morning HHA Exercise<br>9:15 Morning Social/News Rprt<br>9:30 Trivia<br>10:00 Karaoke<br>1:30 Mini Games<br>3:30 Dancercise                                                                                      |
| 13<br>9:00 Morning HHA Exercise<br>9:15 News Report<br>9:30 Sing-a-long<br>10:30 It's Story Time<br>1:30 Mini Games/Room Visit<br>3:30 Dancercise                        | 14<br>9:00 Morning HHA Exercise<br>9:30 News Report<br>10:00 BINGO!<br>1:30 Manicure Time/Rm. Visit<br>3:00 Afternoon Stretch | 15<br>9:00 Morning HHA Exercise<br>9:15 Morning Social/News Report<br>10:00 Travel Tuesday<br>1:30 Arts & Crafts<br>3:30 Dancercise  | 16<br>9:00 Morning HHA Exercise<br>9:30 Sing-a-long<br>10:00 BINGO!<br>1:30 Room Visits<br>Mini-Games<br>3:00 Afternoon Stretch  | 17 <b>BIRTHDAY PARTY!</b><br>9:00 Morning HHA Exercise<br>9:15 News Report<br>10:00 <b>BIRTHDAY PARTY</b><br>1:30 Arts & Crafts<br>3:30 Dancercise  | 18<br>9:00 Morning HHA Exercise<br>9:15 Morning Social<br>9:30 News Report<br>10:00 BINGO!<br>1:30 Room Visits/Mini Games<br>3:00 Afternoon Stretch                                                                                                            | 19<br>9:00 Morning HHA Exercise<br>9:15 Morning Social/News Rprt<br>9:30 Trivia<br>10:00 Karaoke<br>1:30 Mini Games<br>3:30 Dancercise  |
| 20<br>9:00 Morning HHA Exercise<br>9:15 News Report<br>9:30 Sing-a-long<br>10:00 <b>Live Stream Catholic Service</b><br>1:30 Mini Games/Room Visit<br>3:30 Dancercise  | 21<br>9:00 Morning HHA Exercise<br>9:30 News Report<br>10:00 BINGO!<br>1:30 Manicure Time/Rm. Visit<br>3:00 Afternoon Stretch | 22<br>9:00 Morning HHA Exercise<br>9:30 Morning Social/News Report<br>10:00 Hanafuda<br>1:30 Mini Games<br>3:30 Dancercise           | 23<br>9:00 Morning HHA Exercise<br>9:30 Sing-A-Long<br>10:00 BINGO!<br>1:30 <b>Flower Arrangements</b><br>3:00 Afternoon Stretch                                                                                     | 24 <b>THANKSGIVING DAY</b><br>9:00 Morning HHA Exercise<br>9:15 News Report<br>9:30 Toss Ball<br>10:00 <b>Thanksgiving photobooth</b><br>1:30 Mini Games<br>3:30 Dancercise                                                            | 25<br>9:00 Morning HHA Exercise<br>9:15 Morning Social<br>9:30 News Report<br>10:00 BINGO!<br>1:30 Room Visits/Mini Games<br>3:00 Afternoon Stretch                                                                                                            | 26<br>9:00 Morning HHA Exercise<br>9:15 Morning Social/News Rprt<br>9 :30 Trivia<br>10 :00 Karaoke<br>1 :30 Mini Games<br>3 :30 Dancercise                                                                                  |
| 27<br>9:00 Morning HHA Exercise<br>9:15 News Report<br>9:30 Sing-a-long<br>10:30 It's Story Time<br>1:30 Mini Games/ Room Visit<br>3:30 Dancercise                                                                                                        | 28<br>9:00 Morning HHA Exercise<br>9:30 News Report<br>10:00 BINGO!<br>1:30 Manicure Time/Rm. Visit<br>3:00 Afternoon Stretch | 29<br>9:00 Morning HHA Exercise<br>9:30 Morning Social/ News Report<br>10:00 Travel Tuesday<br>1:30 Arts & Crafts<br>3:30 Dancercise | 30<br>9:00 Morning HHA Exercise<br>9:30 Sing-a-long<br>10:00 BINGO!<br>1:30 Room Visits<br>Mini-Games<br>3:00 Afternoon Stretch                                                                                      |                                                                                                                                                   |                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                             |