






# 2022 Hale Ho Aloha Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Sing-a-long 10:30 Story Telling 1:30 Room Visits/Table Games 3:30 Dancercise	<b>2</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Rm. Visit Manicure Time 3:00 Afternoon Stretch	<b>3</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 Hanafuda 1:30 Movie Time <b>“CHITTY CHITTY BANG BANG”</b> 3:30 Dancercise	<b>4</b> 9:00 Morning HHA Exercise 9:30 Sing-a-long 10:00 BINGO! 1:30 Room Visits Table Games 3:00 Afternoon Stretch	<b>5 CINCO DE MAYO</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 <b>Flower Arranging</b> 1:30 Music Therapy Arts & Crafts 3:30 Dancercise	<b>6</b> 9:00 Morning HHA Exercise 9:30 <b>Resident Council Meeting</b> 10:00 BINGO! 1:30 Room Visits/Ball Toss 3:00 Afternoon Stretch	<b>7</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Puzzle Time Adult Coloring 3:30 Dancercise
<b>8 MOTHER’S DAY</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Sing-a-long 10:30 Story Telling 1:30 Room Visit/ Table Games 3:30 Dancercise 	<b>9</b> 9:00 Morning HHA Exercise 9:30 <b>Visit to the Garden</b> 10:00 BINGO! 1:30 Room Visit Manicure Time 3:00 Afternoon Stretch	<b>10</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 Toss Ball 1:30 Movie Time <b>“ENCANTO”</b> 3:30 Dancercise	<b>11</b> 9:00 Morning HHA Exercise 9:30 Sing-a-long 10:00 BINGO! 1:30 Room Visits Puzzle Time 3:00 Afternoon Stretch	<b>12</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 Vegas Time 1:30 Music Therapy Arts & Craft 3:30 Dancercise	<b>13</b> 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 BINGO! 1:30 Room Visits Toss Ball 3:00 Afternoon Stretch	<b>14</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Puzzle Time Adult Coloring 3:30 Dancercise
<b>15</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Sing-a-long 10:30 <b>Virtual Catholic Service</b> 1:30 Room Visit/ Table Games 3:30 Dancercise	<b>16</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Room Visit Manicure Time 3:00 Afternoon Stretch	<b>17</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 Visit to the Garden 1:30 Movie Time <b>“COCO”</b> 3:30 Dancercise	<b>18</b> 9:00 Morning HHA Exercise 9:30 Sing-a-long 10:00 BINGO! 1:30 Room Visits Puzzle Time 3:00 Afternoon Stretch	<b>19 BIRTHDAY PARTY</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 <b>BIRTHDAY PARTY!</b> 1:30 Music Therapy Arts & Crafts 3:30 Dancercise 	<b>20</b> 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 BINGO! 1:30 Room Visits Ball Toss 3:00 Afternoon Stretch	<b>21</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Puzzle Time Adult Coloring 3:30 Dancercise
<b>22</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Sing-a-long 10:30 <b>Virtual Buddhist Service</b> 1:30 Room Visits/Table Games 3:30 Dancercise 	<b>23</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Rm. Visit Manicure Time 3:00 Afternoon Stretch	<b>24</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 Basketball 1:30 Movie Time <b>“SOUND OF MUSIC”</b> 3:30 Dancercise	<b>25</b> 9:00 Morning HHA Exercise 9:30 Sing-a-long 10:00 BINGO! 1:30 Room Visits Puzzle Time 3:00 Afternoon Stretch	<b>26</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 Food Demo 1:30 Music Therapy Arts & Crafts 3:30 Dancercise	<b>27</b> 9:00 Morning HHA Exercise 9:15 Morning Social 9:30 News Report 10:00 BINGO! 1:30 Room Visits/Ball Toss 3:00 Afternoon Stretch	<b>28</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Trivia 10:00 Karaoke 1:30 Puzzle Time   Adult Coloring 3:30 Dancercise
<b>29</b> 9:00 Morning HHA Exercise 9:15 Morning Social/News Rprt 9:30 Sing-a-long 10:30 Story Telling 1:30 Room Visits/Table Games 3:30 Dancercise	<b>30 MEMORIAL DAY</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 BINGO! 1:30 Room Visit Manicure Time 3:00 Afternoon Stretch 	<b>31 SPECIAL MENU OF THE MONTH</b> 9:00 Morning HHA Exercise 9:30 News Report 10:00 Visit to the Garden 1:30 Movie Time <b>“CAROUSEL”</b> 3:30 Dancercise				

# 2022 Hale Ho Aloha Activity Calendar

*\*Staff Appreciation Week May 23-27*